



# Windham Watch Newsletter

Summer 2020

## Things are Looking Up!

13th Edition of Windham Watch. Our newsletter is dedicated to:



- ✓ Sharing & soliciting resident news that's both informative and fun
- ✓ Encouraging neighbors to get to know each other to foster a sense of community
- ✓ Enhancing and protecting common space that our neighbors share

### Windham HOA Board Meetings

3<sup>rd</sup> Wednesday each month at 6:30pm

Temp Location:

Remote Dial-in provided 4 days prior to meeting. Email sent to homeowners and posted on Bulletin Board.

We hope everyone is doing well through these unprecedented times. We're restarting the newsletter after nearly a year's hiatus, and grateful that pandemic restrictions are easing and local businesses and restaurants starting to resume again.

### **\*\* SPECIAL NOTE TO OUR SENIORS \*\***

If you need any help or assistance, even if temporarily, please see the resources listed at the bottom of this newsletter.

## Property Enhancements Landscape and Common Areas

Over the past few months Windham HOA implemented several landscape enhancements:

1. Hillsides by Jefferson Apartments – planted red fescue grass near bldgs: 12037, 12041, 12031, 12015, and near mailbox area (though as you can see, “red” fescue is green! 😊 ).



2. Front Entrance – spread lantana throughout, replacing the dying red apple ground cover

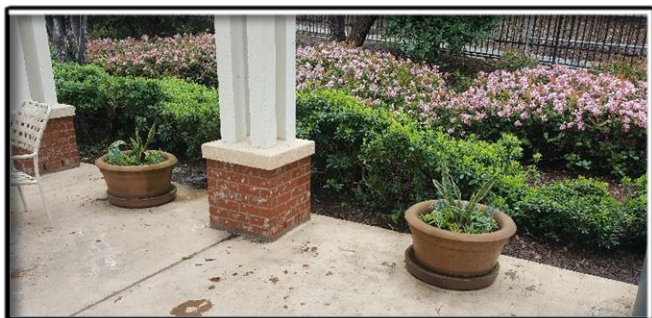




3. Courtyard #2 (bldg. 12073) – introduced inner ring of drought-tolerant kurapia surrounded by rye grass. So far is looking great!



4. BBQ Area – changed out three planters with succulents vs. annuals for longer life and visual aesthetic.



5. Pool Bathroom Entrance – placed new plantings on both sides of entrance way



6. Parking Island #1 – scattered rosemary



## Resident Parking

### Permit Parking vs. Guest Parking

Based on a review of resident needs, the HOA established two additional *resident-exemption permit parking spaces* within Windham. These spaces are clearly marked both on the asphalt area and on the curb.

Please review these rules in Windham's "Rules and Regulations" dated October 2019, paragraph 7 "Vehicle & Parking Restrictions," pages 7-10. The Rules and Regulations document is online at [www.windhamcmr.com](http://www.windhamcmr.com), click on 'Info' menu, then 'Rules and Regulations' .pdf document.

## Trash Pickup Rules for Timely Haul-Out & Haul-In!

Residents have noticed several trash bins being left outside much longer than necessary, which is not only unsightly but often an inconvenience to others navigating their narrow driveways and garages.

Please note rule 5D on page 5 of Windham "Rules and Regulations": *"Garbage and trash shall be kept in closed, sanitary containers at all times. Garbage containers shall not be put out prior to 7pm on the night prior to scheduled pick-up and shall be removed within 12 hours after collection."* We sincerely ask for your cooperation in adhering to this rule – thank you!

## Board Member Opening Interested in Serving the HOA?

We still have a vacancy on the Board of Directors at Windham. As you know, the Windham HOA is comprised of homeowners within the community who volunteer and are elected to serve, so the current vacancy term will be appointed by the existing Board members and will be in effect until October 2020. At that time elections will be held during the annual meeting for three of the five Board member positions, for a two-year term.



Serving on the Board can be a rewarding experience. It provides the opportunity to make a difference in your community and to assist how the Windham HOA is run. Board members volunteer to serve by performing such duties as: reviewing financials, including operating and reserve accounts and budgets, evaluating contractors necessary to run and maintain the association, enforcing the CC&Rs, Rules & Regulations, and Architectural Standards/Guidelines, and following requirements as detailed in the CC&Rs and the law pertaining to operating and maintaining the association.

If interested in filling the current vacancy, please contact Windham Property Manager Yasmine Johnson at office phone 858-576-5562, or email [yjohnson@waltersmanagement.com](mailto:yjohnson@waltersmanagement.com). She will then send you a form to fill-out and provide your info to the current Board members for consideration.

Thank you!

## A Note About Noise Patos are Nice, but Voices Carry!

As the weather warms and many of us enjoy our patios and courtyard views, a gentle reminder that many neighbors keep windows and screen doors open and that voices indeed do carry. That is not to say we can't enjoy family and friends on our patio spaces, but please be respectful and mindful of your neighbors and the level of noise you emit. Please see rule 5E on page 5 of Windham "Rules and Regulations" concerning excessive noise.



## Local Support Organizations Targeted for Seniors

If you're a senior and you or someone you know needs extra help at this time, whether shopping, errands, food drop-off, or just a check-in and conversation, there are several organizations as well as neighbors ready and happy to help!



ElderHelp <https://www.elderhelpofsandiego.org/>

This wonderful organization provides senior care services including one-on-one personal visits with qualified volunteers that form a network of support tailored especially for seniors. Community resources exist to help seniors navigate health and wellness challenges that can seem overwhelming without the guidance of a trusted advocate.

Clients are matched with vetted volunteers, genuinely dedicated to serving aging loved ones and providing services such as:

- Grocery Shopping (either for or with the client)
- Home safety inspections and modifications such as railings and safety bars
- Organizing mail and paperwork
- Gardening
- Social outings as permitted to beach, parks, restaurants, etc.
- Friendly visits for a social distance drop by and check-in, or social phone calls

## San Diego Food Bank



<https://sandiegofoodbank.org/programs/senior-food-program/>

SD Food Bank offers a program that provides monthly supplemental food packages to income-eligible senior citizens aged 60 and over. Call the Food Bank **1-866-350-FOOD (3663)** to speak with a staff member who can assess if you qualify for the program. If so, you will be provided information about the location and hours of your nearest food distribution site based on your zip code.



## Meals on Wheels 760-736-9900

M.O.W. San Diego County offers the choice of one or two nutritious meals for seven days a week, including holidays. Deliveries are made by caring volunteers between 10:45 am and 1:30 pm. Sunday meals are delivered on Saturday.

Meals on Wheels San Diego County subsidizes 60% of the costs for meals, delivery, and other services provided, regardless of a senior's ability to pay.

For costs and meal plans visit: <https://www.meals-on-wheels.org/meals>

## Ad-hoc Senior Assistance



Additionally, for any Windham senior or those in the Rancho Bernardo and Poway areas who would like a little extra help from time to time, from a vetted and background-checked volunteer for assistance picking up and delivering items from local stores, or assistance with minor maintenance issues, please contact the Windham Watch editor at [terre.laske@yahoo.com](mailto:terre.laske@yahoo.com), or call/text 585-820-3552.

Experienced volunteers are ready and happy to help!

Anxiety wears down  
the heart, but  
a kind word  
cheers it up.

-Proverbs 12:25

**For any questions** → Please call or email Property Manager Yasmine Johnson at 858-576-5562, or at [yjohnson@waltersmanagement.com](mailto:yjohnson@waltersmanagement.com). Our Administrator is Nicole Roberts, who can be reached at [nroberts@waltersmanagement.com](mailto:nroberts@waltersmanagement.com).

For newsletter or website items, please contact the Windham Watch Editor at [terre.laske@yahoo.com](mailto:terre.laske@yahoo.com), and don't forget to visit [www.windhamcmr.com](http://www.windhamcmr.com)!